

## MIDWIFERY REGULATORY COUNCIL OF NOVA SCOTIA

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### **REQUIRED EQUIPMENT AND SUPPLIES FOR HOME BIRTH SETTING**

The following list is the minimum equipment and supplies that midwives are required to carry to ensure safe home birth practice. Individual midwives may choose to carry additional materials according to their practice location and preferences.

It is expected that all supplies and equipment will be appropriately sterilised or clean and functional. It is also expected that midwives will use supplies and equipment in accordance with Regulations, MRC policies, best practice and clinical judgement.

#### **EQUIPMENT**

- Fetoscope
- Doppler fetoscope
- Stethoscope
- Pediatric stethoscope
- Sphygmomanometer with appropriate size cuff(s)
- Thermometer
- Two hemostats
- One pair blunt-end scissors
- One pair of scissors for episiotomy
- Suturing instruments
- Portable suction machine compatible with intubation
- Intubation equipment
- Newborn resuscitation bag and mask
- Newborn laryngeal mask airway
- Infant scale

#### **SUPPLIES**

- Antiseptic solution
- Sterile gloves
- Non-sterile gloves
- Sterile lubricant
- Syringes (appropriate sizes)
- Needles (appropriate sizes)
- Suture materials
- Urinary catheters
- Urinalysis supplies
- Cord clamps or ties
- Cord blood tubes
- IV catheters and tubing
- Maternal oxygen mask
- Oral airways

#### **MEDICATIONS**

- Oxytocic drugs
- IV fluids
- Local anaesthetic
- Epinephrine
- Oxygen
- Eye prophylaxis
- Vitamin K

**Adopted by the MRC on March 18, 2009**