

**POLICY ON CONTINUING COMPETENCE IN
CARDIOPULMONARY RESUSCITATION**

Registered midwives with an active-practising (clinical) or provisional (clinical) licence must be certified every two years in cardiopulmonary resuscitation. Proof of certification will be required for initial registration and annual licence renewal.

The minimum required standard is completion of the Basic Life Support - BLS Provider program of the Heart and Stroke Foundation of Canada, which covers the following:

- adult cardiopulmonary resuscitation
- pediatric cardiopulmonary resuscitation
- two-rescuer scenarios
- use of bag valve mask
- management of foreign-body airway obstruction
- use of Automated External Defibrillator (AED)

Acceptable CPR certification courses include:

- Heart and Stroke Foundation of Canada: BLS Provider (formerly known as BLS for Healthcare Providers)
- Canadian Red Cross: CPR/AED Level HCP
- St. John Ambulance: CPR HCP
- American Heart Association: BLS HCP
- CPR Today: Healthcare Provider Course

Midwives who are certified instructors in any of the above programs will be considered to have met this continuing competency requirement when proof is provided of:

- a) a current instructor's certificate; and
- b) teaching and conducting assessments in each of the emergency areas listed above in the preceding 36 months.

Midwives seeking to meet this continuing competence requirement through another course not listed above must obtain pre-approval from the MRCNS Registrar.

Adopted by the MRCNS on March 18, 2009
Amended by the MRCNS on May 31, 2018